



Anti-Inflammatory Activity of Ethanol Leaf Extract of *Arthropteris Orientalis* in Wistar Albino Rat

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Authors' contributions

This work was carried out in collaboration among all authors. Authors AFO and AC conceptualized the experiment. Authors AEA, F-BF and CEE performed the laboratory experiment and analysis all data. Authors AFO and AEA wrote the first draft of the manuscript. All authors read and approved the final manuscript.

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ABSTRACT

The study investigated the anti-inflammatory activity of ethanol leaf extract of *Arthropteris orientalis* in wistar albino rat. The plant extract was obtained with the procedure as described by Khalifa et al. [1] and both acute and chronic anti-inflammatory properties was assessed. Five groups of five animals each were utilized for acute and chronic inflammation respectively. Anti-inflammatory effect

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of the extract was evaluated on egg albumin induced paw edema in albino rats and edema induced by formalin in the wistar albino rats' paw for acute and chronic inflammation respectively. The extract had 26.665% tannin while flavonoid, saponin, phenol, and glycoside had 0.784%, 0.631%, 0.183% and 0.057% respectively. The result revealed that the extract at 500 mg/kg exhibited significant inhibition ($p < 0.05$) of systemic acute paw edema at the 4th hour of the second phase of edema in comparison with the standard drug. The results reveal that intraperitoneal administration of ethanol leaf extract of *Arthropteris orientalis* on formalin-Induced paw edema in wistar albino rats at (100 and 500mg/kg) and (100mg/kg) exhibited significant inhibition ($p < 0.05$) in mean paw volumes on day 1 and 2 respectively. The extract did not produce any significant hematological change. These results show that *Arthropteris orientalis* has potential anti-inflammatory properties.

Keywords: Anti-inflammatory; *Arthropteris orientalis*; Formalin; Hematology.

1. INTRODUCTION

"Herbal healing is the most ancient form of healing known to mankind that is as old as the human society. The importance of traditional medicine as a source of primary health care was first officially recognized by World Health Organization (WHO), in the Primary Health care Declaration of Alma Ata and has been globally addressed since 1976 by the Traditional Medicine Program of WHO. According to WHO, about 80% of the world inhabitants rely mainly on traditional medicine for primary health-care" [2]. The ability of plants to act as a drug, herb, ethno-medicine, essential oil or even cosmetics is derived from the secondary product of plant metabolism which produces alkaloids, terpenoids and flavonoids. These substances actually evolved as a response of the plant to stress, predation and competition leading to the enormous chemistry library of biological systems [3].

"Ferns are members of a large and diverse group of plants commonly referred to as the lower plants. It has been estimated that only 5% of all bryophytes have been studied with regard to any phytochemical properties, ferns, including *Arthropteris orientalis*, show a lot of diversity in their practical uses. They are normally used for food, medicinal, economic, decorative and environmental purposes in many countries such as United States, Europe, New Zealand, Japan, Africa and the Philippines and Nigeria" Addo-Fordjour et al. [4]; Petkov et al. [5]. This study attempted to investigate the anti-inflammatory activities of ethanol leaf extract of *Arthropteris orientalis* in wistar rat.

"Inflammation is a biochemical response of the body against an assertive agent such as pathogens, damaged cells, or irritants. It acts as a protective response involving immune cells, blood vessels, and molecular mediators. Its function is to eliminate the initial cause of cell

injury, clear out necrotic cells and tissues damaged from the original insult and the inflammatory process, and initiate tissue repair" Chen et al. [6]. "The five cardinal signs of inflammation include heat, pain, redness, swelling and loss of function" Ferrero-Miliani et al. [7]; Chen et al. [6]. "Non-steroidal anti-inflammatory drugs (NSAID) have been used globally for the treatment of inflammation, pain and fever, as well as for cardiovascular protection. However, it causes severe side-effects, which include gastric ulcer, renal damage, bronchospasm and cardiac abnormalities, thus restricting their use.. Examples of these drugs are aspirin, ibuprofen, naproxen, fenoprofen, indomethacin, diclofenac, fenamates, piroxicam, ketorolac, nimesulide, rafecoxib, paracetamol etc. These side effects necessitated the need to find a better drug to treat the ailment. Research has proven the significance of drugs of natural origin as an important source for the treatment of many diseases worldwide" Sriuththa et al. [8].

"Medicinal plants, which is very rich in Africa flora, have played exceptional and indispensable roles in early times in alternative traditional medicine and the research of plants employed as pain-relievers and anti-inflammatory agents in traditional medicine is one of the productive and logical strategies in the search for new drugs, with the prevalence of bacteria and fungi infections in our society that leads to various diseases like inflammation, rheumatism, venereal and skin diseases, the search for new, safer and affordable drugs especially from plants is of utmost importance" [9].

2. MATERIALS AND METHODS

2.1 Drugs and Chemicals

Standard drug Diclofenac was obtained from a community pharmacy in Enugu Nigeria. Sigma

Aldrich produced Tween 80, formalin and egg albumin. All the chemicals, reagents and solvents used, were of analytical grade.

2.2 Plant Collection, Identification and Extract Preparation

Fresh leaves of *Arthropteris orientalis* were collected from a wide growing habitat in Awka South Local Government Area, Anambra State, Nigeria. The plant was identified by Prof. A.O. Nwadinigwe in the Department of Life Sciences and Biotechnology (Botany), University of Nigeria, Nsukka. It was deposited in the herbarium of the Department and Voucher number UNH No 259 was assigned to it. Prior to Extraction the leaves were washed, air dried and mancerated into fine powdered form. Thereafter Ajirioghene *et al.*, plant crude extraction methods were modified [10]. 70 percent ethanol was used to extract the mixed powder, which was the filtered using Whatman No. 2 filter paper. Rotary evaporator was then used to vacuum concentrate the solvent to dryness. The extract was then dried at 40°C in an incubator before being kept at 0-4°C. The yield of the extract was 13%. Finally, the dried extract was diluted in normal saline to get the needed dose and was kept in the refrigerator until use.

2.3 Source of Experimental Animals

Fifty mature Wistar albino rats 120-200 g selected at random were purchased from the Department of Pharmacology and Toxicology, University of Nigeria, Nsukka central animal house. The animals were kept in regular laboratory conditions as per the University ethical guidelines which adhere to the "Principle of Laboratory Animal Care" (NIH Publication No. 85-23). The rats were given free access to the regular rat meal (Top feeds) and water for one week (12–12 h light–dark cycle, 28 2°C).

2.4 Experimental Design

The animals were divided into five groups of five (5) rats each for both acute and chronic inflammation. The animals received treatment as follows;

- Group 1- Negative control, received 1.0 ml of Tween 80
- Group 2- Standard drug, received 1.0 ml of diclofenac
- Group3- Received 0.5ml of Ethanol extract of Ao, (EEAO) (100mg/kg)

Group 4- Received 0.5ml of Ethanol extract of Ao, (EEAO) (200mg/kg)

Group 5- Received 0.5ml of Ethanol extract of Ao, (EEAO) (500mg/kg)

2.5 Phytochemical Analysis

The phytochemical analysis was done using standard methods.

2.5.1 Qualitative phytochemical screening of ethanol leaf extract of *Arthropteris orientalis* (ELEAO)

Phytochemical analysis of ELEAO was done to evaluate the bioactive constituents, using standard procedures as described by Khalifa et al. [1]; Ajirioghene et al. [11]. Glycosides was determined using Keller Killiani test saponin using foam test, tannin using gelatine test, flavonoid using Shinoda test, phenol using ferric chloride test, alkaloid using Mayer's test, carbohydrate using iodine test, amino acid, aromatic acid, steroid using Salkowski's test and terpenoid using chloroform test.

2.5.2 Quantitative phytochemical screening of *Arthropteris orientalis* (ELEAO)

Quantitative analysis was determined for Phenol, Flavonoid, Saponin, Tannin and Glycoside of ELEAO was determined using standard procedures. Total phenols and tannins content were determined using the method described by Prabhavathi et al. [12]; Total flavonoids, saponins content and glycoside were determined by the method of Madhu et al. [13].

2.5.3 Determination of the acute toxicity of ethanol leaf extract of *Arthropteris Orientalis* (ELEAO)

The acute toxicity was carried out using methods outlined by Lorke [14]; Ajirioghene et al. [11]. It was done to determine the dose used for the experiment. This was carried out in two stages with a total of eighteen Wister albino rats selected at random were used for this study.

In the first stage in determining the toxic range of the plant extract, the Wister albino rats were divided into tree (3) groups of 3 animals each. The Wister albino rats were fasted overnight, the groups received a dose (10, 100, or 1000mg/kg body weight) of plant extract suspended in 3% v/v Tween 80 and it was administered orally. All the Wister albino rats were allowed free access

to food and water. Then they were observed for clinical signs of acute toxicity and mortality for 24hrs.

The stage two was carried out since no death was recorded in stage one. Wistar albino rats were divided into 3 groups of 3 Wistar albino rats each, and given one of three different higher doses 1600, 2900, and 5000mg/kg body weight of the plant extract were administered orally. The Wistar albino rats were observed for number of deaths for 24hr.

2.5.4 Anti-inflammatory study (Effect of extract on acute inflammation)

The method described by Shabbir et al. [15] was used. A total of Twenty five adult Wistar albino rats (120-200g) selected at random were divided into five groups of five rats per group. They were placed in cages according to their groups. The animals were deprived of feed for 12 hours prior to the experiment but were allowed access to pure drinking water. They were not allowed access to both feed and pure drinking water during the experiment.

The crude ethanol leaf extract of *Arthropteris orientalis* and Diclofenac was separately administered intraperitoneally. Group 1 was used as negative control thus received 0.9% Tween 80 in normal saline 2ml/kg, group II -positive control received 10 mg/kg of Diclofenac, Group III, IV and V received 100, 200 and 500 mg/kg of the plant extract.

The animals were left for 30minutes after which 0.1ml of fresh egg albumin was injected into the sub- plantar of the right hind paw of each of the rat. Using a vernier caliper, the diameter of the right hind paw was measured at 1, 2, 3 and 4 hours respectively. Percentage inflammation and inhibition of inflammation were calculated using the formular below:

$$\text{Inhibition (\%)} = [1 - (X_t / X_c) \times 100]$$

Where, X_t and X_c are the mean paw diameter of the treated and control groups, respectively, at 1, 2, 3, and 4 h.

2.5.5 Anti-inflammatory study (Effect of extract on chronic inflammation)

Assessment of Anti Inflammatory Activity was done using methods of Oyeleke et al. [16] Wistar albino rats were used, twenty-five (25) weighing

120-200g were divided into five groups of five rats per group. Group I negative control received 0.9% Tween 80 in normal saline 2ml/kg, Group II received 10mg/kg of Diclofenac. Group III, IV and V received 100, 200 and 500mg/kg of the plant extract respectively through intraperitoneal injection.

One hour later, chronic inflammation was induced by a single sub-plantar injection of 0.1 ml freshly prepared 2% formalin in the right hind paw of all the wistar albino rats in each group. The administration of the extracts 100, 200 and 500 mg/kg, Tween 80 in normal saline and Diclofenac was continued once daily for seven consecutive days. The rat paw thickness was measured using vernier caliper daily and the level of inhibition was calculated using the formular below:

$$\text{Inhibition (\%)} = [1 - (X_t / X_c) \times 100]$$

Where X_t = means increase in paw diameter of treated Wistar albino rats (group) and X_c = means increase in paw diameter of control Wistar albino rats (group).

The difference in the paw diameter before and after induction of inflammation was expressed as a percentage of inhibition of the paw.

2.6 Preparation of Blood Samples for Hematological Analysis

At the end of the treatment duration, the rats were subjected to deep ether anaesthesia before euthanasia. Retro-orbital puncture was used for blood collection; the whole blood samples were placed in EDTA (ethylenediamine tetraacetic acid) bottles and used for determination of Erythrocyte sedimentation rate (ESR), Hemoglobin concentration, Total White Blood Cell count and Packed cell volume (PCV).

2.7 Determination of Hematological Parameters

Hematology parameters using blood samples in EDTA such as erythrocyte sedimentation rate (ESR), packed cell volume (PCV), white blood cell count and hemoglobin levels (HB).

They were analyzed using haematology analyzer (Mindray Auto Hematology Analyzer, BC-5200, USA) following the manufacturer's instructions.

2.8 Statistical Analysis

Data analysis was carried out using Statistical Package for Social Sciences (SPSS- version-20). Significance of any differences between control and treatment groups was determined at $p < 0.05$. Results were presented as tables and graphs with Mean \pm Standard Error of Mean (SEM) where applicable. The means of the control and treated groups were compared using one-way analysis of variance (ANOVA) followed by Tukey's *post-hoc* tests. $p < 0.05$ was considered statistically significant.

3. RESULTS

3.1 Phytochemical Screening of the Ethanol Leaf Extract of *Arthropteris Orientalis*

The qualitative analysis of the ethanol leaf extract of *Arthropteris orientalis* was done to determine its various phytochemical content.

The table above shows the results of the Qualitative and Quantitative phytochemical screening of the ethanol leaf extract of *Arthropteris orientalis*. The qualitative analysis revealed the presents of glycoside, saponin, tannin, flavonoid, phenol, carbohydrate, aromatic amino acid, Amino Acids, and steroid while alkaloid, reducing sugar, starch, proteins and terpenoid were absent.

The Quantitative analysis shows that tannins had the highest percentage of 26.665% followed by flavonoid 0.784%, saponin 0.631%, phenol 0.183%, and least of all glycoside with 0.057%.

3.2 Acute Toxicity Study

There were no signs of toxicity or death following treatment with various doses of the ethanol leaf extract of *Arthropteris orientalis*. (Up to 5000 mg/kg) for 48-hours after treatment of rats.

3.3 Effect of Ethanol Leaf Extract of *Arthropteris orientalis* on Acute Inflammation

The result revealed that ethanol leaf extract of *Arthropteris orientalis* exhibited non-significant inhibition at the first phase of edema for all the tested doses, but 500 mg/kg showed significant inhibition of systemic acute paw edema within the second phase of edema when compared with the control group. However, the extracts at 500

mg/kg exhibited significant inhibition of systemic acute paw edema only at the fourth hour of the second phase of edema in comparison with the standard drug.

3.4 Effect of Ethanol Leaf Extract of *Arthropteris orientalis* on Chronic Inflammation

The results in Table 3 above reveal that intraperitoneal administration of ethanol leaf extract of *Arthropteris orientalis* on formalin-Induced paw edema in Wistar albino rats at (100 and 500mg/kg) and (100mg/kg) exhibited significant inhibition in mean paw volumes on day 1 and 2 respectively, when compared with the control group while all the doses exhibited non-significant inhibition when compared the standard drugs. However, within days 3, 4 and 7 the extract showed non-significant inhibition of the edema at 200 and 500 mg/kg, while on days 1, 5 and 6 only 200mg/kg showed non-significant inhibition of the edema in comparison with the control group.

3.5 Hematological Analysis

The results in Table 4 above revealed that intraperitoneal administration of ethanol leaf extract of *Arthropteris orientalis* at all the tested doses of 100, 200 and 500mg/kg exhibited a non-concentration dependent and non-significant increase in both Hemoglobin level and pack cell volume, when compared with Standard and Negative control groups that received standard drug (diclofenac) and Tween 80 respectively, while 200mg/kg dose exhibiting the highest non-significant increase when compared with the other doses.

While at the tested doses of 100 and 200 mg/kg exhibited a non-concentration dependent and non-significant increase in erythrocyte sedimentation rate and 500 mg/kg that exhibited non-significant decrease when compared with standard group that received Diclofenac. When compared with control group that received Tween 80 at the tested doses of 100 and 200mg/kg exhibited a non-concentration dependent and non-significant decrease in erythrocytes sedimentation rate and 100mg/kg had the same erythrocytes sedimentation rate with the control group.

The results reveal that intraperitoneal administration of ethanol leaf extract of *Arthropteris orientalis* at all the tested doses of 100, 200 and 500mg/kg exhibited a non-

concentration dependent and non-significant decrease in Total White Blood Cell Count (WBC^T), when compared with standard drug (Diclofenac) and Negative control groups (Tween 80).

While all the tested doses 100, 200 and 500mg/kg exhibited a non-concentration dependent and non-significant decrease in percentage Neutrophils count when compared with standard group and exhibited a non-concentration dependent and non-significant increase in percentage Neutrophils count when compared with control groups, except at 200mg/kg that showed non-significant decrease in comparison with the negative control.

The results reveal that intraperitoneal administration of ethanol leaf extract of *Arthropteris orientalis* at the tested doses of 100, 200 and 500mg/kg exhibited a non-concentration dependent and non-significant increase in percentage lymphocytes when compared with standard group and exhibited a non-concentration dependent and non-significant decrease in percentage lymphocytes when compared with control group with the exemption of 200mg/kg that exhibited non-significant increase in percentage leukocytes.

While the results reveal that intraperitoneal administration of ethanol extract of *Arthropteris orientalis* leaf at the tested doses of 200 and 500mg/kg exhibited a non-significant decrease in percentage Monocytes and 100mg/kg exhibited a non-significant increase in percentage Monocytes when compared with control group that received tween 80. When compared with the standard drug, all the tested doses of 100, 200 and 500mg/kg exhibited a concentration dependent and a non-significant decrease in percentage Monocytes.

4. DISCUSSION

Inflammation, a response triggered by damage to living tissues, has a purpose to localize and eliminate injurious agents and to remove damaged tissues so that the body can begin to heal. This action is usually beneficial but when it stays for a longer duration, chronic inflammation sets in. The study observed that the plant extract contained glycoside, saponnin, tannin, flavonoid, phenol, carbohydrate, amino acids, aromatic amino acid and steroid while alkaloid, reducing sugar, starch, protein and terpenoid were absent. Glycosides as well as flavonoids, saponin, and tannin show potent anti-inflammatory action on proliferative phases of inflammation based on the research conducted by Owolabi et al. [17]. This is also in agreement Hamalainen et al. [18]; Altemimi et al. [19] which asserted that flavonoids inhibits inflammation by inhibiting signal transducer and activator of transcription 1 (STAT-1) and nuclear factor kappa beta (NF-κβ) activations. Also, the anti-inflammatory properties of the plant extract could also be due to the presence of a high percentage of tannin which has been used as an anti-inflammatory agent [20].

The search for a suitable anti-inflammatory drug with very minimal side effects has been on the increase. Most anti-inflammatory drug is associated with deleterious side effects such as gastric ulcer, renal damage, bronchospasm and cardiac abnormalities, thus restricting their use. Kehinde et al. [21]. The acute toxicity testing carried out on the plant extract showed that, at a very high dose of about 5000 mg/kg, there was no sign of toxicity or death indicating that the plant extract is relatively safe. There is a need for further molecular studies to ascertain the active compound that elicited the anti-inflammatory property.

Table 1. Qualitative and quantitative analysis of ethanol leaf extract of *Arthropteris orientalis*

TEST(constituents)	Qualitative	Quantitative %
Glycoside	++	0.06
Saponnin	++	0.63
Tannin	++	26.67
Flavonoid	++	0.78
Phenol	++	0.18
Alkaloid	-	
Carbohydrate	++	
Amino acids	+	
Aromatic amino acid	++	
Steroid	+	
Terpenoid	-	

Keys: ++ (Moderately present), + (present in trace amount) – (absent)

Table 2. Effect of ethanol leaf extract of *Arthropteris Orientalis* leaf on egg albumin-induced hind paw edema in wistar albino rats

Gps	Treatment	Doses (mg/kg)	Paw edema (cm) and % inhibition of paw edema				
			30 minutes	1 st hour	2 nd hour	3 rd hour	4 th hour
I	Control	-	1.08 ± 0.04	0.92±0.04	0.84±0.04	0.78±0.02 ^b	0.64± 0.04 ^b
II	Diclofenac (Standard drug)	10	1.20 ± 0.10 (-17%)	0.84± 0.09 (25%)	0.76±0.11 (31.28%)	0.70± 0.08 ^{ab} (38.46%)	0.64 ±0.07 ^b (16.67%)
III	EEAO	100	1.20 ± 0.08 (-28.57%)	0.74± 0.16 (-10%)	0.80±0.06 (0)	0.68 ±0.08 ^{ab} (23.08%)	0.52±0.04 ^{ab} (66.67%)
IV	EEAO	200	1.20 ± 0.06 (-156.14%)	1.00± 0.12 (-169%)	0.72±0.10 (8.75%)	0.56± 0.11 ^{ab} (7.69%)	0.40 ±0.08 ^{ab} (33.3%)
V	EEAO	500	1.08 ± 0.04 (-28.57%)	0.72± 0.04 (10%)	0.62±0.02 (18.7%)	0.40 ± 0.06 ^a (84.62%)	0.36 ±0.04 ^a (100%)
p-values			(0.570)NS	(0.336)NS	(0.347)NS	(0.029)*	(0.010)*

Results are expressed in mean ± SEM; n = 5, P-value =NS, *Significant P<0.05; Mean values with the same super script alphabet do not differ significantly among the groups while those with the different alphabet superscript differ significantly using the Turkey Post Hoc

Table 3. Effect of ethanol leaf extract of *Arthropteris orientalis* on formalin Induced paw edeman

Grp	Treatment	Paw edema (cm) and % inhibition of paw edema						
		Day1 1hr	Day2	Day3	Day4	Day5	Day6	Day7
I	Control	0.61±0.01 ^b	0.52±0.02 ^a	0.69±0.01 ^{ab}	0.58±0.02 ^{ab}	0.58 ±0.01	0.56 ± 0.01	0.57 ±0.01
II	Diclofenac 10mg/kg (Standard drug)	0.56±0.01 ^{ab} (11.76)	0.63±0.03 ^{ab} (-91.67)	0.64±0.02 ^{ab} (17.24)	0.61±0.01 ^{ab} (-66.67)	0.56 ± 0.04 (11.11)	0.57 ± 0.02 (37.50)	0.57 ±0.02 (0)
III	EEAO 100mg/kg	0.52 ±0.02 ^a (29.41)	0.76 ±0.05 ^b (-200)	0.72±0.04 ^b (-10.34)	0.68±0.03 ^b (-55.56)	0.65 ± 0.03 (-38.89)	0.62 ± 0.02 (-37.5)	0.58 ±0.01 (-5.88)
IV	EEAO 200mg/kg	0.55±0.02 ^{ab} (11.96)	0.58 ±0.02 ^a (-50)	0.60±0.01 ^a (31.03)	0.57±0.02 ^a (5.56)	0.54 ±0.01 (22.22)	0.55 ± 0.02 (6.25)	0.52 ±0.01 (29.41)
V	EEAO 500mg/kg	0.53 ±0.02 ^a (23.5)	0.58±0.04 ^a (-50)	0.59±0.03 ^a (34.48)	0.56±0.02 ^a (11.11)	0.58 ± 0.03 0	0.57 ± 0.03 (-6.25)	0.55 ±0.03 (11.76)
P-value		(0.025)*	(0.002)*	(0.035)*	(0.020)*	(0.148)NS	(0.381)NS	(0.386)NS

Results are expressed in mean ± SEM; n = 5, P-value =NS, *Significant P<0.05; Mean values with the same super script alphabet do not differ significantly among the groups while those with the different alphabet superscript differ significantly using the Tukey Post Hoc

Table 4. Mean values and comparison of hemoglobin (g/dL), pack cell volume (%) and erythrocytes sedimentation rate (mm/h)

Groups	Treatment	Hemoglobin (g/dL)	Packed Cell Volume (PCV) (%)	Erythrocytes Sedimentation Rate (mm/hr)
I	Control	8.50 ± 0.26	26.26 ± 0.26	4.00 ± 0.00
II	Diclofenac 10mg/kg	8.36 ± 0.41	25.66 ± 1.20	3.00 ± 0.57
III	EEAO 100mg/kg	9.33 ± 0.67	28.33 ± 2.18	4.00 ± 0.00
IV	EEAO 200mg/kg	9.86 ± 0.33	30.33 ± 0.66	3.33 ± 0.66
V	EEAO 500mg/kg	8.73 ± 0.38	27.00 ± 0.57	2.83 ± 0.16
	P-value	(0.163)NS	(0.114)NS	(0.194)NS

Results are expressed in mean ± SEM; n = 5, P-value =NS, *Significant P<0.05; No significant difference between the groups

Table 5. Mean values and comparison of total white blood cell count (mm3) and neutrophils (%)

Groups	Treatment	Total White Blood Cell Count (WBCT) (mm3)	Neutrophils (%)
I	Control	8700.00 ± 173.20	29.93 ± 0.06
II	Diclofenac 10mg/kg	8566.66 ± 1933.33	39.67 ± 2.96
III	EEAO 100mg/kg	8333.33 ± 1576.21	35.33 ± 4.48
IV	EEAO 200mg/kg	5966.66 ± 1266.66	29.33 ± 4.66
V	EEAO 500mg/kg	7500.00 ± 1563.11	33.00 ± 1.52
	P-value	(0.657) NS	(0.228) NS

Results are expressed in mean ± SEM; n = 5, P-value =NS, *Significant P<0.05; No significant difference between the groups

Table 6. Mean Values and comparison of Leukocytes (%) and monocytes (%)

Groups	Treatment	Lymphocytes (%)	Monocytes (%)
I	Control	69.33 ± 0.33	0.767 ± 1.3279
II	Diclofenac 10mg/kg	59.33 ± 3.17	0.867 ± 1.4154
III	EEAO 100mg/kg	64.00 ± 5.13	0.833 ± 1.4434
IV	EEAO 200mg/kg	70.33 ± 4.84	0.33 ± 0.5774
V	EEAO 500mg/kg	66.33 ± 1.33	0.33 ± 0.5774
	P-value	(0.252) NS	(0.950) NS

Results are expressed in mean ± SEM; n = 5, P-value =NS, *Significant P<0.05; No significant difference between the groups

The Egg albumin-induced hind paw edema is a major test used for screening anti-inflammatory properties of new agent. It measures the ability of the compound to reduce local edema which was induced in the right paw by inoculating an irritant agent. Our result shows the effect of the ethanol extract with regards to the mean hind paw diameter, it showed a statistical significant decrease in the induced edema as the time interval increased. The percentage inhibition was also seen to increase steadily therefore establishing that the anti-inflammatory effect of the extract was expressed with time. This finding agrees with the study of anti-inflammatory and diuretic effects of ethanol leaf extract of *Piper guineense* on wistar albino rats Omodamiro and

Jimoh [22]; Barung et al. [23]. The anti-inflammatory effect of the extract observed may be due to its phytochemical constituents such as tannins and it is supported by research that tannins possess anti-inflammatory effect Duke [24]; Matotoka et al. [25]. Our result also observed that the plant extract showed statistical significantly inflammatory reduction when compared with the standard drug and gives a higher % inhibition (84.62%) than the standard drug. This could mean that there is a possibility of getting a better drug for the treatment of inflammation from the plant extract.

The study also evaluated the effect of the plant extract on chronic inflammation and used the

formalin Induced paw edema. Formalin test is a biphasic response where first phase is the direct effect of formalin, which involves neurogenic pain. The second phase is involved in the inflammatory reactions mediated by prostaglandin, serotonin, histamine, bradikinin and cytokines, such as interleukin-1 beta, interleukin-6 tumor necrosis factor-alpha eicosanoids, and Nitric Oxide Fu et al. [26]; Tong et al. [27]. The results showed statistical significant anti-inflammatory effect of *Arthropteris orientalis* in a dose dependent manner at doses 100 and 500 mg/kg produced significant ($p < 0.05$) reduction in paw edema and inhibition when compared with the control group. However, there was no significant difference in paw edema when compared to the standard drug. This effect can be attributed to the presence of polyphenolic compounds in *Arthropteris orientalis*, also present in several medicinal plants which are responsible for anti-inflammatory capacity as shown in previous studies Wu et al. [28]; Sarkar et al. [29].

The study showed that there was no statistical significant difference in hematological parameters especially white blood cells and neutrophils which are involved in inflammation, this could be attributed to the extract's anti-inflammatory properties (Betancourt-Alonso et al. [30]; Nana et al. [31]; [32].

5. CONCLUSION

It is concluded that ethanol extract of *Arthropteris orientalis* has anti-inflammatory properties and could be used to treat both acute and chronic inflammation. This justifies its use traditionally for the purpose.

CONSENT

It is not applicable.

ETHICAL APPROVAL

The University of Nigeria Animal Research Ethics Committee, which agreed with the "Guide to the Care and Use of Laboratory Animals in Research and Teaching" as prescribed in NIH publications volume 25 No.28 revised in 1996, approved the use of animals for this study with approval number UNN-AREC/056.

COMPETING INTERESTS

Authors have declared that no competing interests exist.

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